

# Case Report Guidelines

(With reference to the [CARE case report guidelines](#))

**For fully describing case(s) and literature review, the manuscript word count should be more than 2500.**

*\*Indicates required headings and subheadings*

## **\*1 Title**

## **\*2 Author(s)**

## **\*3 Abstract (one paragraph, unstructured, up to 350 words)**

The patient's main concerns and important clinical findings;  
The primary diagnoses, interventions, and outcomes;  
What is unique about this case and what does it add to the scientific literature;  
One or more learning points from this case report.

## **\*4 Keywords (up to 10)**

## **\*5 Introduction**

Briefly summarizes the background of this disease, and why this case is unique and may include medical literature references.

## **\*6 Case Report**

This section **should** include **4** subheadings:

### **\*1) Investigations (patient information and clinical findings)**

De-identified patient specific information;  
Primary concerns and symptoms of the patient;  
Medical, family, and psychosocial history including relevant genetic information;  
Relevant past interventions and their outcomes;  
Significant physical examination (PE) and important clinical findings.  
A Timeline is preferable: Historical and current information from this episode of care organized as a timeline (figure or table).

## **\*2) Diagnosis**

Diagnostic methods (PE, laboratory testing, imaging, surveys);  
Diagnostic challenges;  
Diagnosis (including other diagnoses considered);  
Differential diagnosis if applicable;  
Prognostic characteristics when applicable.

## **\*3) Treatment**

Types of therapeutic intervention (pharmacologic, surgical, preventive);  
Administration of therapeutic intervention (dosage, strength, duration);  
Changes in therapeutic interventions with explanations.

## **\*4) Follow-up and outcomes**

Clinician- and patient-assessed outcomes if available;  
Important follow-up diagnostic and other test results;  
Intervention adherence and tolerability, (How was this assessed?);  
Adverse and unanticipated events.

## **\*7 Discussion**

Strengths and limitations in your approach to this case;  
Discussion of the relevant medical literature;  
The rationale for your conclusions.

**\*With a subheading of **Learning Points**, the primary “take-away” lessons (learning points) from this case report (without references) in one paragraph.**

## **\*8 Declarations**

Acknowledgement  
Financial Disclosure or Funding  
Conflict of Interest  
Informed Consent  
Author Contributions  
Data Availability

## **\*9 References**