**Suppl 3.** List of studies included in the review.

| **First author & year** | **Title** |
| --- | --- |
| Ababio 2023 | Prevalence and Clinical Burden of Idiopathic Dilated Cardiomyopathy in the United States |
| Angelini 2018 | High-risk cardiovascular conditions in sports-related sudden death: Prevalence in 5,169 schoolchildren screened via cardiac magnetic resonance |
| Brownrigg 2022 | Epidemiology of cardiomyopathies and incident heart failure in a population-based cohort study |
| Codd 1989 | Epidemiology of idiopathic dilated and hypertrophic cardiomyopathy: A population-based study in Olmsted County, Minnesota, 1975-1984 |
| Coughlin 1993 | Descriptive epidemiology of idiopathic dilated cardiomyopathy in Washington County, Maryland, 1975-1991 |
| Herd 1991 | The natural history of dilated cardiomyopathy - A community study |
| Lannou 2020 | The public health burden of cardiomyopathies: Insights from a nationwide inpatient study |
| Rakar 1997 | Epidemiology of dilated cardiomyopathy. A prospective post-mortem study of 5252 necropsies. The Heart Muscle Disease Study Group |
| Williams 1985 | Prevalence of overt dilated cardiomyopathy in two regions of England |
| Lipshultz 2003 | The Incidence of Pediatric Cardiomyopathy in Two Regions of the United States |
| Towbin 2016 | Incidence, causes, and outcomes of dilated cardiomyopathy in children |
| Wilkinson 2008 | The Pediatric Cardiomyopathy Registry: 1995-2007 |
| Wilkinson 2010 | The Pediatric Cardiomyopathy Registry and Heart Failure: Key Results from the First 15 Years |